

# APEX ONCO-REHABILITATION

APEX SUPER SPECIALTY HOSPITAL & POST GRADUATE INSTITUTE (PGI)

SESSION  
2022-23

## FELLOWSHIP IN ONCO REHABILITATION (FOR) (for 2022-23)



Recognized by higher institutions of the Government of India



**APEX SUPER SPECIALTY HOSPITAL & POST GRADUATE INSTITUTE (PGI)**

(A Unit of Apex Welcare Pvt. Ltd)

BLW-Hydel Road, Bhikharipur, Varanasi, UP - 221004

24/7 Helpline No. 911-960-1990

## About the Institute/Hospital

Apex Super Specialty Hospital & Post Graduate Institute (PGI) is an NABH, ISO 9001:2015 certified, 200-bedded multi-disciplinary & super speciality Health care & Life Saving Referral & Research hospital, one of the most well-equipped patient & family friendly hospital in Central India with largest campus in private sector.

Since inception by the blessing of Prof. S.M. Tuli, a great clinician & human being, after 1988, the Hospital has come a long way with the commitment and passion of over 500 dedicated healthcare professionals, comprising nationally & internationally acclaimed Medical, Surgical Specialist, Physicist, Technologist & Paramedical Staff, Co-ordinated with committed administrative team, providing personalized patient-centered treatment and care, 24 x 365 days support and services, we uphold high ethical standards while breaking new grounds in the field of healthcare and medicine.

We have to our credit numerous path breaking achievements in the field, which is indeed the result of our undeterred pursuit of excellence in healthcare. In continuation to our legacy of care, compassion and commitment, as established by our founder Dr. S. K. Singh, MBBS, MS, MCh Ortho, Apex Hospital now has a world-class medical complex integrated with the best of all infrastructure and medical expertise, to cater the needs of International and local patients with equal passion. All adding up to our steadfast dedication which ensures that on the road to recovery, there are no unpleasant surprises.

Apex Hospital also dedicates its advanced facilities and know-how to research and development making further inroads in the field of health and medicine. The hospital runs educational institutions to impart knowledge and training in Nursing, Physiotherapy, Paramedical Sciences and Radiological Techniques, to build an efficient workforce of healthcare professionals, to adequately handle the global requirements of medical and surgical emergencies.

Today, with more than over two decades of experience in the field, we remain the hospital of choice for providing medical care to visiting International delegates, tourists, eminent personalities, common people of the surroundings, various corporates and MNCs to handle their emergency rescue and evacuation services.

Our goal is continuous improvement every day at every level of operation.

## About the programme:

- ❑ This program is a unique opportunity for graduates of Physiotherapy, Occupational Therapist, Nursing.
- ❑ The Fellowship in Onco Rehabilitation is an academically oriented program. The program articulated with educational objectives, has a strong and thorough core curriculum, abundant teaching facility and excellent faculty supervision.
- ❑ This is a one year fellowship program for professionals interested in the rehabilitation of cancer patients. The onsite contact sessions are strategically interwoven in between the program to offer adequate clinical exposure, skills enhancement, which will enhance the learning capacity of the fellows to understand the intricacies of the Onco Rehabilitation.
- ❑ Opportunities to observe patients with head / neck cancer, Oral Mucositis, Breast, Cervix, Prostrate, Penis, Skin, Multiple Myelome, fatigue in patients with cancer, patients having lymph-edema, bowel management (specific for patients with cancer) and wound ostomy approach for patients with cancer.
- ❑ Specific skills are developed in assessment and management of impairments, disabilities and handicap with such patients. Trainees will be guided in Palliative Care, Pain Management and Psychiatry issue and ICU management of patients with cancer.
- ❑ In addition, some exposure to complementary therapies for patients with cancer will be provided
- ❑ Although emphasis is primarily clinical, a report of a research project or a case study submission is mandatory for award of fellowship.
- ❑ Specific assistance including mentorship and dedicated time for discussion with mentor can be made available for planing & completion of the research project.
- ❑ Trainees will have significant opportunities in cancer related education at the departmental and institutional levels.

## Objective of this program?

- ✘ Minimizes the side effects of cancer treatment such as anaemia, delirium, loss of appetite, hair loss, oedema, peripheral neuropathy, memory loss, pain, difficulty in talking, difficulty in swallowing, nausea, oral mucositis and trismus.
- ✘ Helps obtain optimum functional capacity.
- ✘ Increase muscle strength and stamina.
- ✘ Facilities improved independence in daily activities and mobility.
- ✘ Promotes better adaptation to the prosthesis.
- ✘ Prevent anxiety and manages depression.
- ✘ Prevent urinary incontinence.
- ✘ Aids in a smoother recovery.
- ✘ Improves the overall quality of life.
- ✘ To know and understand cancer and its pathology.
- ✘ To learn about different types of cancer, its medical and surgical management and their side effects.
- ✘ To know and understand most common investigations including various imaging techniques and pathological tests for patients with cancer.
- ✘ To understand the need of cancer rehabilitation assessment and management of patients with cancer.
- ✘ To understand the role of rehabilitation in palliative care.

### Course Director



**Dr. Ankita Patel**  
MBBS, MD Radiation Oncology  
European Certified Medical Oncologist  
(ECMO), PGDMLS, PGDHIM

✘ Medical Director at Apex Super Speciality Hospital, Varanasi

### Expert involve in Fellowship Program



**Jane Wigg**

MSc – Lymphoedema Practise  
Diploma – Lymphoedema management-

- ✘ LTA, Director Lead Trainer & Lymphoedema consultant, Director & Founder MSc, RGN, Dip.
- ✘ Founder, Director & Lead Trainer of Lymphoedema Training Academy Ltd (LTA).
- ✘ Founder, Director & Clinical Nurse Consultant of LymphVision Ltd.
- ✘ Founder & Director of LTA-NL foundation (Netherland).
- ✘ Training division of LTA in Australia, China, India, Singapore, South Africa.



**Dibyendu Roy**

Certified Lymphoedema Therapist (UK)  
Cancer Rehab Management  
(New Zealand)

- ✘ Onco Rehab Consultant at Apex Super Speciality Hospital, Varanasi
- ✘ Ex Onco Rehab Consultant at Apollo Cancer Hospital, Kolkata
- ✘ Ex Onco Rehab Consultant at Medica Gamma Hospital
- ✘ Ex Rehab Consultant at Calcutta Medical Research Institute, Kolkata
- ✘ Instructor Lymphoedema Training Academy (UK)
- ✘ Published several research papers on Onco Rehab management of Oral Mucositis, dysphagia, trismus, xerostomia



**Soumyashree Samantaray**

Occupational Therapy Consultant  
BOT (NILD), COO (New Zealand)  
CLT (Tata Memorial Hospital  
CSI, CHWT

- ✘ Occupational Therapy Consultant at Apex Super speciality Hospital, Varanasi
- ✘ Ex Onco Rehab Consultant at Apollo Cancer Hospital, Kolkata
- ✘ Occupational Therapy Consultant at Institute of Neuroscience Kolkata
- ✘ Occupational Therapy consultant at Calcutta Medical research Institute, Kolkata

## Expert faculties involve in Fellowship Program



### Dr. Ankita Patel

MBBS, MD - Radiation Oncology  
European Certified Medical Oncologist  
(ECMO), PGDMLS, PGDHIM



### Dr. Neha Gupta

MBBS, MD - Radiation Oncology  
European Certified Medical Oncologist  
(ECMO)



### Dr. Gaurav Goswami

MBBS, MD - Radiation Oncology



### Prof. Dr. Anand Kumar

MBBS, MS  
Onco & Gen. Laparoscopic Surgeon



### Dr. Anurag Dikshit

MBBS, MS, FMAS  
Onco & Gen. Laparoscopic Surgeon



### Dr. Deepak Kr. Singh

MBBS, MS, MCh  
Onco Surgeon



### Dr. Akhil Sareen

MBBS, MS, FOHNS  
Sr. ENT Endoscopy Head & Neck Cancer Surgeon



### Dr. Harsh Singh

MBBS, MS  
ENT Endoscopy Head & Neck Cancer Surgeon

## Particulars

Who can enroll	: Qualified Physiotherapist, Occupational Therapist BPT/MPT, BOT/MOT & B.Sc/M.Sc degree with Nursing
Course Duration	: 1 Year
Course Fees	: 2.5 lakh
Form Fees	: 500/-
Payment Mode	: Cash, Cheque, Internet Banking

## Special Attraction

## Certificate from Lymphoedema Training Academy (UK)



Experience to see the  
Live Cancer Surgeries



Know how to treat Oral Mucositis,  
the most debilitating side effects  
of Chemo Radiation



Be a part of  
Cancer care Givers

Limited Seat - 4 (first come first serve basis)

Google form link for the Fellowship in Onco-Rehabilitation admission

<https://forms.gle/i26ccZYm4bedkqFH7>

### For any further information contact:

Contact person : Kishor Kumar Singh

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### Program Co-ordinator

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: Dr. Soumyashree Samantaray, +91-97485 46849